

WeightSnap Health Report

Generated Jul 5, 2026 · Last 90 Days

Medication Information

Medication: **Retatrutide**
Current Phase: **Weight Loss**
Dosing Frequency: **Weekly**
Current Dose: **6 mg**
Last Injection: **Jul 3, 2026**
Est. Drug Level: **8.5 mg**
Total Doses in Period: **13**

Weight Summary

Starting: **228.7 lbs**
Current: **211.8 lbs**
Change: **-16.8 lbs**
Entries: **63**

Daily Check-In Summary

Check-Ins Logged: **74**
Avg Mood: **6.2/10 (range 5–8)**
Avg Cravings: **2.8/10 (range 1–7)**
Avg Energy: **6.9/10 (range 5–9)**
Avg Sleep: **7.0/10 (range 4–9)**

Dosing History

Date	Dose	Drug	Site
Jul 3, 2026	6 mg	Retatrutide	Thigh L
Jun 26, 2026	6 mg	Retatrutide	Abd R
Jun 19, 2026	6 mg	Retatrutide	Abd L
Jun 12, 2026	6 mg	Retatrutide	Thigh R
Jun 5, 2026	6 mg	Retatrutide	Thigh L
May 29, 2026	4 mg	Retatrutide	Abd R
May 22, 2026	4 mg	Retatrutide	Abd L
May 15, 2026	4 mg	Retatrutide	Thigh R
May 8, 2026	4 mg	Retatrutide	Thigh L
May 1, 2026	4 mg	Retatrutide	Abd R
Apr 24, 2026	4 mg	Retatrutide	Abd L
Apr 17, 2026	2 mg	Retatrutide	Thigh R

Apr 10, 2026

2 mg

Retatrutide

Thigh L

This report contains self-reported data generated by WeightSnap. It is not a clinical record. Estimated drug levels are based on published pharmacokinetic data and may not reflect individual variation. Always consult your healthcare provider for medical decisions.

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